

Behavioural Risk Factor Survey 2009 (April) - Coding Manual

Variable	Question	Code / Code Description
Identifier	Case number	-
v4	Record the gender	1 Male 2 Female
v5x	What is your height without wearing shoes? (cm)	777 Outlier (<100cm or >190cm) / pregnant 998 Don't know 999 Refuse to answer
v6x	What is your weight wearing simple clothes? (kg)	777 Outlier (<37kg or >120kg) / pregnant 998 Don't know 999 Refuse to answer
v7x	What is your waist circumference? (cm)	777 Outlier (<50cm or >120cm) / pregnant 998 Don't know 999 Refuse to answer
v8_r	Does your weight now differ by more than 10 pounds (about 4.5Kg) from your weight one year ago?	1 Yes 2 No 3 Don't know 777 Outlier (of v5x or v6x) / pregnant
v9_r	Did it increase or decrease?	0 Not applicable (for v8_r ≠ 1) 1 Increase 2 Decrease 777 Outlier (of v5x or v6x) / pregnant
v10_r	What do you think about your current weight?	1 Overweight 2 Just right 3 Underweight 98 Don't know 99 Refuse to answer 777 Outlier (of v5x or v6x) / pregnant
v11_r	During the past 12 months, did you try to do something deliberately to control your weight for example increasing weight, decreasing weight or maintaining weight?	1 Yes 2 No 777 Outlier (of v5x or v6x) / pregnant
v12_r	Was it for increasing weight, losing weight or maintaining weight?	0 Not applicable (for v11_r ≠ 1) 1 Losing weight 2 Increasing weight 3 Maintaining weight 777 Outlier (of v5x or v6x) / pregnant

Variable	Question	Code / Code Description
v13_r	Taking the drugs or products including health food for controlling your weight?	0 Not applicable (for v11_r≠1) 1 Yes 2 No 777 Outlier (of v5x or v6x) / pregnant
v14_r	Consulting doctors or dieticians?	0 Not applicable (for v11_r≠1) 1 Yes 2 No 777 Outlier (of v5x or v6x) / pregnant
v15_r	Going to weight control or beauty parlours?	0 Not applicable (for v11_r≠1) 1 Yes 2 No 777 Outlier (of v5x or v6x) / pregnant
v16_r	Doing physical exercises?	0 Not applicable (for v11_r≠1) 1 Yes 2 No 777 Outlier (of v5x or v6x) / pregnant
v17_r	Changing dietary habit?	0 Not applicable (for v11_r≠1) 1 Yes 2 No 777 Outlier (of v5x or v6x) / pregnant
v18_r	Any other methods?	0 Not applicable (for v11_r≠1) 1 Yes 2 No 777 Outlier (of v5x or v6x) / pregnant
v20	During the last 7 days, on how many days did you do vigorous physical activities? (days)	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know
v21	On those days that you have performed vigorous physical activity for at least 10 minutes, how much time on average per day did	0 Not applicable (for v20=0) 9998 Don't know

Variable	Question	Code / Code Description
	you usually spend on doing vigorous physical activities? (minutes)	
v22	During the last 7 days, on how many days did you do moderate physical activities? (days)	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know
v23	On those days that you have performed moderate physical activity for at least 10 minutes, how much time on average per day did you usually spend on doing moderate physical activities? (minutes)	0 Not applicable (for v22=0) 9998 Don't know
v24	During the past 7 days, how many days in total did you have moderate physical activities for at least 30 minutes, or vigorous physical activities for at least 20 minutes? (days)	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know
v25	During the last 7 days, on how many days did you walk for at least 10 minutes at a time? (days)	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know

Variable	Question	Code / Code Description
v26	On those days that you have walked for at least 10 minutes, how much time on average did you usually spend on walking in one of those days? (minutes)	0 Not applicable (for v25=0) 9998 Don't know
v27x	During the past 7 days, how much time on average did you usually spend on sitting on a weekday? (minutes)	777 Outliers (<10 mins or >900 mins) 9998 Don't know
v28	During the past 30 days, how often did you exercise in your leisure time, which at least made you breathe somewhat harder than normal and sweat?	1 Once or more a day 2 4-6 times / week 3 2-3 times / week 4 Once a week 5 2-3 times a month 6 Once a month 7 Less than once a month 98 Don't know
v29	On average, how many days do you eat fruit each week?	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know
v30	On average, how many fruit did you eat on one of those days?	0 Not applicable (for v29=8) 98 Don't know
v31	On average, how many days do you eat vegetables each week? (not including vegetable juice)	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know

Variable	Question	Code / Code Description
v32	On average, how many bowls of cooked vegetables did you eat on one of those days?	0 Not applicable (for v31=8) 98 Don't know
v33	On average, how many days do you drink at least one cup of fruit or vegetable juice each week?	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know
v34	Have you smoked before?	1 Yes, but not now 2 Yes, and still smoking 3 Never
v35	How long have you abstained from smoking?	0 Not applicable (for v34 ≠ 1) 1 Had abstained for less than 1 month 2 Had abstained for 1 month to 1 year 3 Had abstained for more than 1 year 99 Refuse to answer
v36	How many cigarettes do you smoke on average per day?	0 Not applicable (for v34 ≠ 2) 1 Less than 1 cigarette per day now 2 1-10 cigarettes per day now 3 11-20 cigarettes per day now 4 More than 20 cigarettes per day now 98 Don't know
v37	Have you ever had at least one alcoholic drink?	1 Yes, during the last month 2 Yes, during the previous 2-12 months 3 Yes, more than 12 months ago 4 No
v38	On how many days per week during the last 30 days, on average, did you drink at least one alcoholic drink?	0 Not applicable (for v37 ≠ 1) 1 Daily 2 6 days per week 3 5 days per week 4 4 days per week 5 3 days per week 6 2 days per week 7 1 day per week

Variable	Question	Code / Code Description
		8 Less than 1 day per week 77 Outlier (for v39x=77) 98 Don't know
v39x	How many standard units of drinks on average did you drink on those days?	55 Not applicable (for v37 ≠ 1) 77 Outlier (>24 units) 98 Don't know
v40_r	In the last 30 days, did you drink at least 5 glasses or cans of alcohol on one occasion?	0 Not applicable (for v37 ≠ 1) 1 Yes 2 No 77 Outlier (for v39x=77)
v41_r	How many times did you do this in the last 30 days?	0 Not applicable (for v37 ≠ 1 or v40_r=2) 1 Once 2 Twice 3 Three times or more 77 Outlier (for v39x=77)
v42_r	In the last 30 days, did you drink so much and exhibited signs of drunkenness, such as flushed face or reddened eyes, slurred or incoherent speech, unsteady feet or staggering gait, vomiting and hangover in the next day?	0 Not applicable (for v37 ≠ 1) 1 Yes 2 No 77 Outlier (for v39x=77)
v43_r	How many times did you do this in the last 30 days?	0 Not applicable (for v37 ≠ 1 or v42_r=2) 1 Once 2 Twice 3 Three times or more 77 Outlier (for v39x=77)
v70	What is your age?	99 Refuse to answer
v71	What is your highest educational attainment?	1 Primary or below 2 Had not completed secondary 3 Completed secondary (F5) 4 Matriculation 5 Tertiary (non-degree / degree or above)
v72	What is your marital status?	1 Never married 2 Married and with child (ren) 3 Married and without child (ren)

Variable	Question	Code / Code Description
		4 Divorced or Separated 5 Widowed 6 Refuse to answer
v73	Are you currently engaged in a job?	1 Yes 2 No
v74	What is your occupation?	0 Not applicable (for v73 ≠ 1) 1 Employers/Managers/Administrator 2 Professional 3 Associate Professional 4 Clerk 5 Service worker 6 Shop sales worker 7 Skilled agricultural/fishery worker 8 Craft and related worker 9 Plant and machine operator and assembler 10 Un-skilled worker 11 Others 99 Refuse to answer
v75	Are you a ... (if not employed)	0 Not applicable (for v73 ≠ 2) 1 Student 2 Home-maker 3 Unemployed person 4 Retired person 5 Others
v76	How much is your monthly personal income including all the income?	0 Not applicable (for v73 ≠ 1) 1 None 2 \$1-1,999 3 \$2,000-3,999 4 \$4,000-5,999 5 \$6,000-7,999 6 \$8,000-9,999 7 \$10,000-11,999 8 \$12,000-13,999 9 \$14,000-15,999 10 \$16,000-17,999 11 \$18,000-19,999 12 \$20,000-24,999 13 \$25,000-29,999

Variable	Question	Code / Code Description
		14 \$30,000-34,999 15 \$35,000-39,999 16 \$40,000-44,999 17 \$45,000-49,999 18 \$50,000 or above 19 Refuse to answer 98 Don't know
v77	How much is your monthly household income including all the income?	1 Less than \$2,000 2 \$2,000-3,999 3 \$4,000-5,999 4 \$6,000-7,999 5 \$8,000-9,999 6 \$10,000-11,999 7 \$12,000-13,999 8 \$14,000-15,999 9 \$16,000-17,999 10 \$18,000-19,999 11 \$20,000-24,999 12 \$25,000-29,999 13 \$30,000-34,999 14 \$35,000-39,999 15 \$40,000-44,999 16 \$45,000-49,999 17 \$50,000-54,999 18 \$55,000-59,999 19 \$60,000 or above 20 Don't know 21 Refuse to answer
v78	How many 'dependents' do you currently have?	99 Refuse to answer
v79	What is your type of living quarter?	1 Public rental flats 2 Housing Authority subsidized sale flats 3 Housing Society subsidized sale flats 4 Private residential flats 5 Villas / Bungalows / Modern village houses 6 Simple stone structures / Traditional village houses 7 Staff quarters 8 Non-domestic quarters

Variable	Question	Code / Code Description
		98 Don't know 99 Refuse to answer
v80	How many people are living in this household, including yourself but excluding live-in maids?	99 Refuse to answer
v81	What is your religion?	1 Catholicism 2 Christianity 3 Buddhism 4 Hinduism 5 Muslim 6 Others 7 No religion 99 Refuse to answer
Weighting	Weighting applied in the survey	